



Introduction to JCHC Long-Term Care Studies

Commission Meeting
October 5, 2021

JCHC directed staff to conduct two complimentary LTC studies

- Impact of long-term care workforce needs on nursing home care
- Strategies to support aging Virginians in their communities

Definition of individuals needing long-term services and supports (LTSS)

Limitations with at least 2 or more activities of daily living (ADL);

- Dressing
- Bathing
- Toileting

Limitations with at least 4 or more instrumental activities of daily living;

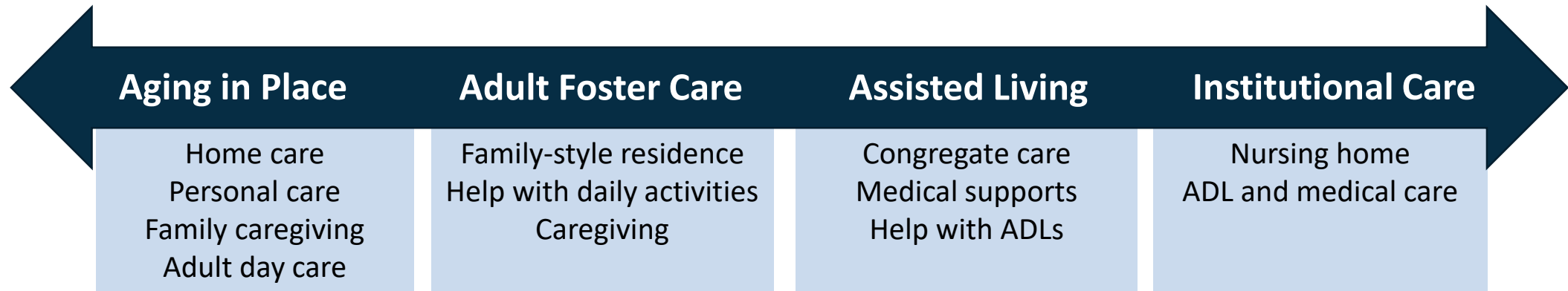
- Preparing meals
- Completing household chores
- Taking medications

Or already receiving some form of paid LTSS

- Personal Care
- Private home care (skilled or non-skilled)

SOURCE: US Department of Health and Human Services, Office of the Assistance Secretary for Planning and Evaluation.

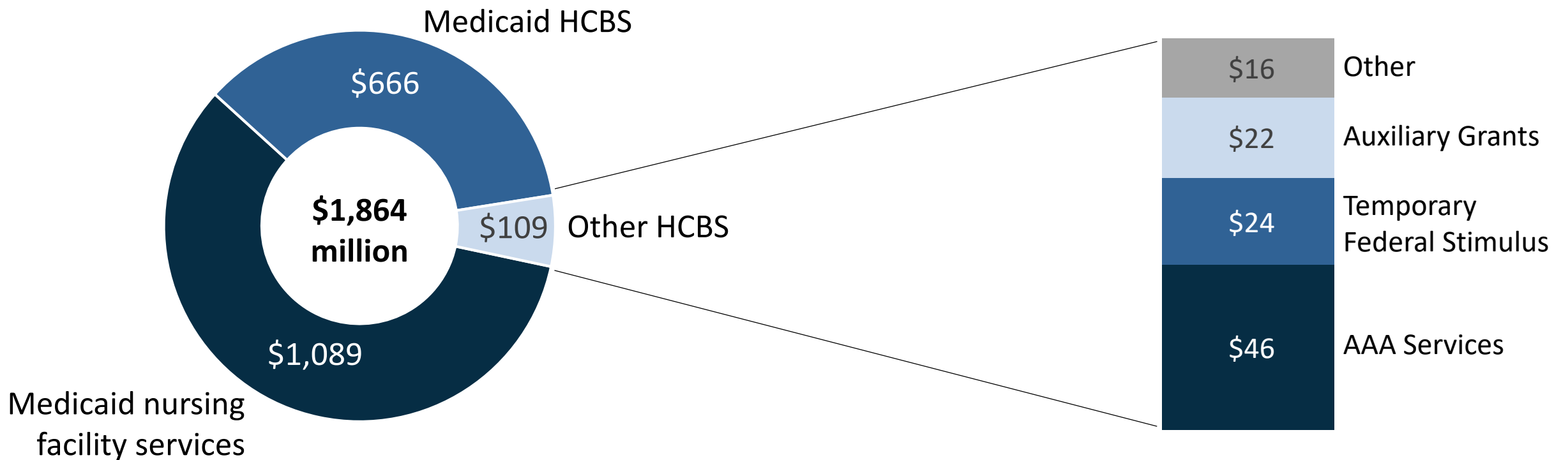
LTSS includes a continuum of services and supports



A growing number of older Virginians need LTSS

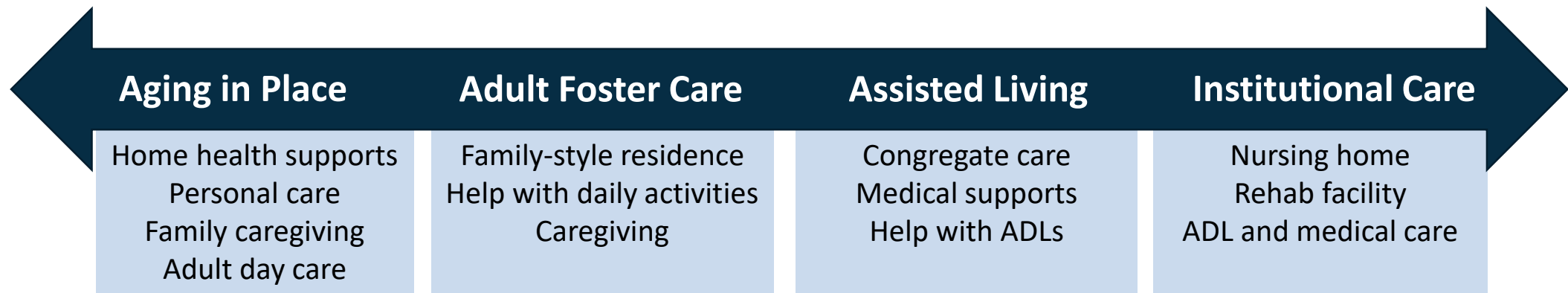
- About 200,000 individuals require some form of LTSS
 - Majority of these individuals are in community settings
 - Approximately 28,000 in nursing facilities
- Individuals over 60 made up 22% of the population in 2019, projected to increase to 24% by 2030
 - 1.9 million older Virginians in 2019
 - 2.2 million estimated older Virginians in 2030

Virginia spent \$1.9B on LTSS in FY21



NOTE: Other HCBS programs include transportation and Adult Service programs through VDSS. Numbers may not add due to rounding.

JCHC studies address two parts of the continuum of care



Policy options for both studies can complement each other

- Both community and institutional settings require a similar workforce
- Virginia's goal is to maximize aging in place, but some will require nursing home care
- Developing an array of policy solutions can support a continuum of services with an adequate workforce



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